

EXPRESS MAIL

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13. The method according to claim 10, where in the diagonal stringing pattern is created with a nominal parallel spacing between strings of approximately 0.375 inches.

14. The method according to claim 10, wherein said tensioning comprises tensioning every other string.

#### ABSTRACT OF THE INVENTION

A sports racket and method for making same, in particular tennis rackets, with a double diagonal stringing pattern such that the original shape of the racket frame is not distorted. Stringing pattern provides for spin on the ball, added power, and minimizes the vibration on a player's elbow.

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